FIREARM SAFETY TEAM

Time and Distance: Firearm Safety in a Crisis



A gun owner's guide to getting through a hard stretch safely, for Oregon and Southwest Washington.

From one gun owner to another.

In crisis? Call or text **988**.
Veterans: 988, then press 1. In danger: **911**.

firearmsafetyteam.com · October 2026 · rev. 2026-10-25

Why this matters

Grief, a breakup, a lost job, depression, heavy drinking, thoughts of suicide: hard stretches happen to everyone. Hard moments often pass. Putting time and distance between a crisis and a firearm is a caring, responsible step, and it's temporary.

About 8 in 10

firearm deaths in Oregon in 2024 were suicides: 524 of 663.

Oregon Health Authority, Firearm Safety page

About 3 in 4

firearm deaths in Washington in 2025 were suicides (about 76% of an estimated 958).

USAFacts, from CDC data

9 in 10

people who survive a suicide attempt do not go on to die by suicide at a later date.

Means Matter, Harvard T.H. Chan School of Public Health

Why time and distance help

A crisis can be short. The Oregon Health Authority puts it this way: "Research indicates the interval between deciding to act and attempting suicide can be as short as 5 to 10 minutes." In one study of people ages 13 to 34 who survived a nearly lethal attempt, about 1 in 4 said less than 5 minutes passed between deciding and acting.

What is within reach matters. Means Matter reports that "About 85% of attempts with a firearm are fatal," while "Many of the most widely used suicide attempt methods have case fatality rates below 5%." When a firearm is locked away or out of the house for a while, a person in crisis has time for the moment to pass and for help to reach them.

Most people get through it. Because about 9 in 10 people who survive an attempt go on to live, the hours and days that time and distance buy are worth a great deal.

THIS IS NOT ABOUT WHO OWNS GUNS

Means Matter notes that gun owners are "not more likely, on average, to have a mental health problem or to seriously consider or attempt suicide." The difference is how close at hand a firearm is, and how final. Storing it elsewhere for a while is a gun owner's call to make, and a responsible one.

CRISES PASS, AND HELP WORKS

Support, coping skills and treatment help most people through a hard stretch. If it's you, reaching out is a strong move. If it's someone you care about, you don't have to fix everything: asking, listening and adding distance already help.

The Oregon Firearm Safety Coalition says it simply: "Remember that people who love guns love you."

In crisis? Call or text 988. Veterans: 988, then press 1. **In danger: 911.** Local 24/7 lines: Multnomah 503-988-4888 · Washington Co. 503-291-9111 · Clackamas 503-655-8585 · Clark Co., WA (Southwest Washington Crisis Line) 800-626-8137.
Information checked October 25, 2026. Not legal or medical advice.

Know the signs, and how to ask

You don't need training to help. Noticing, asking and staying close make a difference.

Warning signs

"These signs may mean that you or someone you know is at risk for suicide. Risk is greater if a behavior is new or has increased and if it seems related to a painful event, loss, or change."

- Talking about wanting to die or kill oneself.
- Looking for ways to kill oneself.
- Talking about feeling hopeless or having no reason to live.
- Talking about feeling trapped or being in unbearable pain.
- Increasing the use of alcohol or drugs.
- Acting anxious or agitated; behaving recklessly.
- Withdrawing or feeling isolated.
- Displaying extreme mood swings.

Wording from the Oregon Firearm Safety Coalition, oregonfirearmsafety.org.

What you can do

1. **Ask directly.** "Ask directly if your friend is thinking about suicide. Asking does not put them in danger."
2. **Listen.** Don't lecture or debate. Let them say how they feel.
3. **Stay with them** if you're worried about right now, and call 911 if anyone is in immediate danger.
4. **Add time and distance** between them and the firearms until the crisis passes. The next page shows how.
5. **Connect them with help.** Offer to call or text 988 together, or to go with them to a counselor, doctor or faith leader.
6. **Check in** over the next days and weeks. Set a time to talk again.

Steps adapted from the Oregon Firearm Safety Coalition.

Words that help

When	What you might say
Opening the door	"You haven't seemed like yourself lately, and I care about you. How are you really doing?" Then stay quiet and let them answer.
Bringing up the firearms	"While things are this hard, I'd feel better if your guns stayed with me for a while. It isn't forever and it isn't about blame. Can we sort it out together?"
If they say no	"Okay. Could we at least change the code, and I'll hold the key until things settle?" A smaller step now is better than an argument.
If it's you	"I'm having a rough time, and I don't want easy access to my guns right now. Would you hold on to the keys for me?" Asking this shows good judgment.

IF YOU'RE THE ONE GOING THROUGH IT

The Oregon Firearm Safety Coalition: "it may feel risky to give your guns to a friend for safekeeping. We know it's a big step, but it is just a temporary step until things get better."

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Options, from simplest to strongest

Any step helps. The person going through it should help decide.

Option	How it works	Good to know
1. Lock it, and hand off the key	Keep every firearm locked in a safe, lockbox or with a cable lock. A trusted person holds the key, or changes the code so only they know it.	No firearm changes hands. Think about who knew the old code and where any backup key is.
2. Separate it	Ammunition and magazines go somewhere else, or to a trusted person. If the owner's manual shows a part that comes off easily, that can be held elsewhere too.	A useful extra step, but on its own it is weaker than a lock the person can't open.
3. Store it away from home	A friend or family member who may legally have firearms holds them, or a business or police agency that agrees to store them.	The law on handing over firearms: next page. Places that may store them: page 6. Call ahead.

Doing it well

1. **Unload everything** and lock each firearm or case before it leaves the house.
2. **Move the ammunition too,** or lock it up separately.
3. **Write down what went where.**
4. **Agree on how and when things come back,** and set a date to check in. It's a check-in, not a deadline.

PLAN AHEAD, WHILE THINGS ARE CALM

It's easier to choose your person now than in the middle of a hard week. Ask them today, and fill in the box below. Hold My Guns, a national storage network, also offers a free Personal Response Plan for gun owners at holdmyguns.org/resources.

My time and distance plan

Who would hold my keys or firearms _____ **Their phone** _____

Second choice _____ **Their phone** _____

Where my firearms would go _____

Signs that mean it's time to use this plan _____

My local crisis line _____ **Someone I can call to talk** _____

Keep this page private, and never write a combination or code on it. If you type into this PDF, your answers stay on your own device.

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Storing with a friend or family member: what the law says

READ THIS FIRST

Both states' background-check laws have exceptions for short-term hand-offs. **This is the text of the law, not legal advice. Ask an attorney about your situation.** Quotes are from the official state websites, read October 25, 2026, and show only parts of each law.

Oregon · ORS 166.435

ORS 166.435(1)(a), (F)

"Transfer" does not include "the temporary provision of a firearm to a transferee if the transferor has no reason to believe the transferee is prohibited from possessing a firearm or intends to use the firearm in the commission of a crime, and the provision occurs:" ... "(F) For the purpose of preventing imminent death or serious physical injury, and the provision lasts only as long as is necessary to prevent the death or serious physical injury."

Family members (ORS 166.435(4)(c)), in summary: the law's background-check requirements do not apply to a transfer to the transferor's spouse or domestic partner, parent or stepparent, child or stepchild, sibling, grandparent, grandchild, aunt or uncle, first cousin, or niece or nephew, or to the spouse or domestic partner of any of those relatives.

OREGON'S TEXT IS IN FLUX

ORS 166.435 was amended by Ballot Measure 114 (Oregon Laws 2023, chapter 1). The state's posted text notes that court cases have affected the measure, and 2026 legislation addressed its timing. **Have an Oregon attorney confirm the current text of ORS 166.435** before you rely on it.

Washington · RCW 9.41.113(4)

The background-check section "does not apply to:"

RCW 9.41.113(4)(d)

"A temporary transfer of possession of a firearm if: (i) The transfer is intended to prevent suicide or self-inflicted great bodily harm; (ii) the transfer lasts only as long as reasonably necessary to prevent death or great bodily harm; and (iii) the firearm is not utilized by the transferee for any purpose for the duration of the temporary transfer;"

RCW 9.41.113(4)(c)

"A temporary transfer of possession of a firearm if such transfer is necessary to prevent imminent death or great bodily harm to the person to whom the firearm is transferred if: (i) The temporary transfer only lasts as long as immediately necessary to prevent such imminent death or great bodily harm; and (ii) The person to whom the firearm is transferred is not prohibited from possessing firearms under state or federal law;"

RCW 9.41.113(4)(a), family

"A transfer between immediate family members, which for this subsection shall be limited to spouses, domestic partners, parents, parents-in-law, children, siblings, siblings-in-law, grandparents, grandchildren, nieces, nephews, first cousins, aunts, and uncles, that is a bona fide gift or loan;"

Practical notes

- **The person holding them must be allowed to have firearms.** Both states' texts say so in their own words.
- **Agree on the return in writing:** who holds what, how it's stored, and how and when it comes back. A fact sheet from the OHSU-PSU School of Public Health, posted by the Oregon Department of Justice (2025), notes that people "may wish to store firearms outside the home for safety when they are struggling" without being at "imminent" risk, and points to a "lack of clarity on when firearms must be returned." That is one more reason to ask an attorney.

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Places that may store firearms

Washington has a public map of places that may store firearms; listings 1 to 7 come from it. Oregon has no public list yet (see the box below), so the only Oregon listing is a business that offers storage on its own website. Every listing: **call ahead; policies change.** A listing means the named source published it on the date shown. Firearm Safety Team has not contacted these places, has not confirmed their current policies or fees, and does not endorse any of them.

OREGON HAS NO PUBLIC LIST YET

No public storage map or list exists for Oregon. A fact sheet from the OHSU-PSU School of Public Health, posted by the Oregon Department of Justice (2025), reports that "many pawn shops and FFLs offer temporary firearm storage, but few advertise this option or are willing to be added to a map due to concerns around liability and costs." (An FFL is a federally licensed firearm dealer.) Oregon's Task Force on Community Safety and Firearm Suicide Prevention, in its July 2026 report, recommends legislation directing a state agency to develop "a statewide offsite firearm storage map or referral list." In Oregon, start with a trusted person who may legally have firearms (page 5), or ask a gun shop, range or pawn shop you already know whether it will store firearms for a while.

Place	Address	Phone and website	What the source says	Checked
Battle Ground Police Department Law enforcement	507 SW 1st St, Battle Ground, WA (Clark Co.)	(360) 342-5200 cityofbg.org/193/Police	On the UW map: willing to consider requests for temporary, voluntary storage. **Call ahead; policies change.**	Oct. 25, 2026
Washougal Police Department Law enforcement	1320 A St, Washougal, WA (Clark Co.)	(360) 835-8701 cityofwashougal.us/police	On the UW map, as above. **Call ahead; policies change.**	Oct. 25, 2026
Woodland Police Department Law enforcement	200 E Scott Ave, Woodland, WA (Cowlitz Co., at the Clark County line)	(360) 225-6965 ci.woodland.wa.us	On the UW map, as above. **Call ahead; policies change.**	Oct. 25, 2026
Safefire Indoor shooting range	4857 NW Lake Rd Ste 210, Camas, WA (Clark Co.)	(360) 834-7233 shootatsafefire.com	On the UW map, as above. Its own website does not mention storage. **Call ahead; policies change.**	Oct. 25, 2026
Limitless America Firearm retailer	501 26th St, Washougal, WA (Clark Co.)	(360) 553-2377 limitlessamerica.com	On the UW map, as above. Its own website does not mention firearm storage. **Call ahead; policies change.**	Oct. 25, 2026
Sporting Systems Firearm retailer	7415 NE Hwy 99 #104, Vancouver, WA (Clark Co.)	(360) 977-3808 sporting-systems.com	On the UW map, as above. Its own website does not mention storage. **Call ahead; policies change.**	Oct. 25, 2026

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Places that may store firearms, continued

Every listing: **call ahead; policies change.**

Place	Address	Phone and website	What the source says	Checked
Guns and Ammo Supply LLC Firearm retailer	15205 NE 46th St, Vancouver, WA (Clark Co.)	(360) 592-3256 gunsandammosupply.com	On the UW map, as above. Its own website could not be checked. **Call ahead; policies change.**	Oct. 25, 2026
Tigard Pawn 4 More Pawn shop	Tigard, OR (Washington Co.). See its website.	(503) 624-7800 tigardpawn4more.com/storage-portland-oregon	Its own web page offers storage of handguns and rifles. It works as a pawn loan: "We require a minimum loan of $100 to store your item." Not a crisis program, and not listed by any public-health source. **Call ahead; policies change.**	Oct. 25, 2026

Sources: listings 1 to 7 from the Washington State Safe Storage Map, University of Washington Center for Firearm Injury Prevention (UW map), which says it "will be updated in early 2026"; that update had not appeared on October 25, 2026. See the live map at cfip.uw.edu/washington-state-safe-storage-map. Listing 8 from the business's own web page. Obvious typos in the map's entries are corrected.

WHY YOUR POLICE DEPARTMENT MAY NOT BE LISTED

I found no published source saying the Vancouver Police Department, the Clark County Sheriff, the Portland Police Bureau, or the Multnomah, Washington or Clackamas County sheriffs offer temporary, voluntary storage. Turn-ins for destruction are not storage. To ask an agency, call its non-emergency line first.

If nothing is listed near you

- **Start with people.** A trusted family member or friend who may legally have firearms is often the quickest option. See the law on page 5.
- **Ask a gun shop, range or pawn shop you already know.** Many consider storage case by case.
- **Hold My Guns,** a national network of storage partners, listed no partner in Oregon or Southwest Washington on October 25, 2026. The nearest was in Everett, Washington.

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Before you take firearms anywhere

Call first. It saves a wasted trip.

Ask about

- "The process for storing."
- "Any costs."
- "Whether a background check will be conducted when your firearms are returned."
- "Any limits on the length of time guns can be stored."
- How and when you can pick them up, and who may pick them up.

The first four are quoted from the UW map's "Before You Go" list.

POLICE STATIONS

The UW map advises: "Do not carry firearms into a police station without calling in advance. Lock firearms in a case or leave them locked in your truck or car while making arrangements with law enforcement."

WASHINGTON · GETTING FIREARMS BACK FROM POLICE

Before returning a firearm, an agency must "Confirm that the individual to whom the firearm will be returned is eligible to possess a firearm pursuant to RCW 9.41.040" and "Ensure that five business days have elapsed from the time the firearm was obtained by law enforcement" (RCW 9.41.345). In plain terms: expect an eligibility check and a short wait. Not legal advice.

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When voluntary steps are not enough: ERPO

An Extreme Risk Protection Order (ERPO) is a civil court order that temporarily removes access to firearms when a court finds a person is a danger to themselves or others. Both states have one. This page tells you who can ask and where; it does not advise anyone whether to file.

Oregon

ORS 166.525 to 166.543 (Oregon Laws 2017, chapter 737)

Who can file
"A law enforcement officer or a family or household member of a person may file a petition" (ORS 166.527(1)). Family or household member "means a spouse, intimate partner, mother, father, child or sibling of the respondent, or any person living within the same household as the respondent" (ORS 166.525(2)).

Where
The Circuit Court. "File in the county where Respondent lives." "Court staff can witness your signature when you file."

Cost
"There is no cost to file for an Extreme Risk Protection Order"

Standard
The court issues the order if it finds "by clear and convincing evidence" that the person "presents a risk in the near future, including an imminent risk, of suicide or of causing physical injury to another person". The petition is decided the same day or the next judicial business day.

How long
One year unless the court ends it sooner. The person named in the order has 30 days after being served to ask for a hearing.

Forms
Oregon Judicial Department: courts.oregon.gov/programs/family/domestic-violence/Pages/Extreme-Risk-Protection.aspx

Washington

Chapter 7.105 RCW

Who can file
"A petition for an extreme risk protection order may be filed by (i) an intimate partner or a family or household member of the respondent; or (ii) a law enforcement agency." (RCW 7.105.100(1)(e)). Both terms are defined broadly in RCW 7.105.010.

Where
"You can file for an extreme risk protection order in the Washington county where you live or the respondent lives." For adults, "you should probably file for an ERPO in Superior Court." (Washington LawHelp)

Cost
Courts "may not charge petitioners any fees or surcharges" that are a condition of getting relief (RCW 7.105.105(9)(a)).

Standard
A full order: "by a preponderance of the evidence" (RCW 7.105.225(1)). A temporary order uses "reasonable cause to believe" (RCW 7.105.330(2)).

How long
One year. The court notice warns the respondent of an order "valid for one year" (RCW 7.105.330(3)(g)), and "The renewal of an extreme risk protection order has a duration of one year" (RCW 7.105.410(2)(d)).

Forms and help
Form XR 101 on the Washington Courts protection order forms page, courts.wa.gov/forms. Plain-language guide: washingtonlawhelp.org/en/extreme-risk-protection-orders

NOT LEGAL ADVICE

This page quotes the laws and court instructions as posted on October 25, 2026. Court staff can point you to the forms, and a lawyer or legal aid office can advise you about your own situation. In an emergency, call 911.

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Help lines

Call for yourself, or for someone you're worried about. 988 is free and confidential, any time.

Line	How to reach it	Who it's for
Emergency	**911**	Anyone in immediate danger
988 Suicide & Crisis Lifeline	Call or text **988**, or chat at 988lifeline.org. Free, confidential, 24/7.	Anyone, anywhere in the U.S.
Veterans Crisis Line	Dial 988, then press 1, chat live, or text 838255	Veterans, service members and their families
Multnomah County Behavioral Health Call Center	503-988-4888, open 24 hours, every day	Multnomah County, OR
Washington County Crisis Line	503-291-9111, 24/7	Washington County, OR
Clackamas County Crisis and Support Line	503-655-8585, 24/7	Clackamas County, OR
Yamhill County Mental Health Crisis Line	1-844-842-8200, 24/7	Yamhill County, OR
Southwest Washington Crisis Line	800-626-8137, TTY 866-835-2755, 24/7	Clark County, WA
Oregon YouthLine (Lines for Life)	877-968-8491, or text TEEN2TEEN to 839863	Young people
Lines for Life Military Helpline	888-457-4838	Oregon service members, veterans and families
The Trevor Project	1-866-488-7386, or text START to 678-678, 24/7	LGBTQ+ young people
Trans Lifeline (peer support)	877-565-8860, Monday to Friday, 10 a.m. to 6 p.m. Pacific	Trans and questioning people

In another county, call 988 or your county's crisis line.

✂ cut here

If things get hard

Call or text 988, 24/7. Veterans: 988, then press 1. **In danger: 911.**

My local crisis line _____

My person _____

Their phone _____

Hard moments often pass. Time and distance help.

Cut out the card, fill it in, and keep it in your wallet or range bag.

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Where this came from

The numbers, quotes and listings in this guide come from these sources, read on October 25, 2026.

Sources

1. Oregon Health Authority, Firearm Safety page (2024 Oregon figures): oregon.gov/oha/ph/preventionwellness/safeliving/pages/firearm-safety.aspx
2. USAFacts, Washington gun deaths, from CDC data (2025): usafacts.org/answers/how-many-people-die-from-gun-related-injuries-in-the-us-each-month/state/washington-state
3. Means Matter, Harvard T.H. Chan School of Public Health: hsph.harvard.edu/research/means-matter/means-matter-basics/ (90% of survivors), .../means-matter-basics/firearm-access-is-a-risk-factor-for-suicide/ (85% and below 5%), .../means-matter-basics/method-choice-and-intent/ (gun owners "not more likely ...")
4. Simon OR et al., Characteristics of impulsive suicide attempts and attempters, Suicide and Life-Threatening Behavior, 2001 (PMID 11924695)
5. Oregon Firearm Safety Coalition (warning signs and what to do): oregonfirearmsafety.org
6. ORS 166.435 and 166.525 to 166.543: oregonlegislature.gov/bills_laws/ors/ors166.html. Oregon HB 4145 (2026), Oregon Laws 2026, chapter 120: Measure 114's provisions apply on or after January 1, 2028 (OLIS summary): olis.oregonlegislature.gov/liz/2026R1/Measures/Overview/HB4145
7. RCW 9.41.113, 9.41.345 and chapter 7.105 RCW: app.leg.wa.gov/RCW
8. OHSU-PSU School of Public Health, "Methods to Prevent Access to Firearms During Times of Increased Risk," fact sheet posted by the Oregon Department of Justice (2025): doj.state.or.us/wp-content/uploads/2025/07/Foci-3-Firearm-Surrender-Fact-Sheet-Updated.pdf. 2026 Annual Report of Oregon's Task Force on Community Safety and Firearm Suicide Prevention: doj.state.or.us/wp-content/uploads/2026/08/2026-Annual-Report-Task-Force-on-Community-Safety-and-Firearm-Suicide-Prevention.pdf
9. Washington State Safe Storage Map, University of Washington Center for Firearm Injury Prevention: cfip.uw.edu/washington-state-safe-storage-map
10. Oregon Judicial Department, ERPO instructions: courts.oregon.gov/forms/Documents/ERPOApplyInstr.pdf
11. Washington Courts, protection order forms: courts.wa.gov/forms
12. Washington LawHelp, ERPO guide: washingtonlawhelp.org/en/extreme-risk-protection-orders
13. Hold My Guns, storage partner locations: holdmyguns.org/locations
14. Crisis lines: 988lifeline.org, veteranscrisisline.net, multco.us, washingtoncountyor.gov, clackamas.us, yamhillcounty.gov, clark.wa.gov, linesforlife.org, thetrevorproject.org, translifeline.org

ABOUT THIS GUIDE

Free to copy and share, unchanged. Written by Firearm Safety Team, Portland, Oregon, with thanks to Means Matter, the Oregon Health Authority, UW's Center for Firearm Injury Prevention and the Oregon Firearm Safety Coalition. Information checked October 25, 2026 (edition October 2026, rev. 2026-10-25). Saw a change, or know a place that stores firearms? Email **Anth@FirearmSafetyTeam.com**.

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